



Rushmore Family
CHIROPRACTIC

NEW PATIENT INFORMATION

DATE: _____

PATIENT INFORMATION

Name: _____ Nickname: _____

Reason for Visit: _____

Gender: M / F Date of Birth: ____/____/____ Age: _____ SSN: ____ - ____ - ____

Marital Status: S / M / W / D Home Phone: (____) ____ - ____ Cell Phone: (____) ____ - ____

Home Address: _____ City: _____ State: ____ Zip: _____

Email Address: _____

Who may we thank for referring you? _____

Job Title: _____ Employer: _____ Work Phone: (____) ____ - ____

Spouse Name: _____ Spouse Phone Number: (____) ____ - ____

Emergency Contact Information

Name: _____ Relation: _____ Phone: (____) ____ - ____

Insurance Information

Insurance Company: _____ Name of Primary _____

Subscriber ID # _____ Group # _____

Patient informed Consent

I, _____, the undersigned, consent to care at this clinic. I understand that I have the opportunity to discuss with the doctor and/or with other office personnel, the nature and purpose of chiropractic adjustments and progressive wellness. I hereby request and consent to performance of chiropractic procedures, including various modes of physio therapy, diagnostic x-rays, and any supportive therapies on me (or on the patient above, for whom I am legally responsible) by the doctor of chiropractic and support team at Rushmore Family Chiropractic. I also understand that as is with all healthcare treatments, results are not guaranteed, there is no promise to cure and that there are some risks. Risks include, but are limited to; aggravating and/or temporary increase in symptoms, muscle spasms, fracture, disc injuries, strokes, dislocations and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor's judgment, based upon the facts then known, is in my best interests. I further understand that chiropractic adjustments and supportive treatment is designed to reduce and/or correct subluxations allowing the body to return to improved health. It can also alleviate certain symptoms through a conservative approach with hopes to avoid more invasive procedures.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about this content, and by signing below I agree to above-named procedures.

Patient Signature _____

NAME: _____

DATE: ____/____/____

HISTORY OF ILLNESS/ INJURY/ PAIN

LOCATION

Chief complaint and its location: _____

TIMING & DURATION How often do you experience this pain? ___Constant ___Frequent ___Intermittent ___Occasional

What caused the onset? _____

Date of the onset? ____/____/____

SEVERITY

On a scale of 0 to 10 representing no pain and 10 being the most severe pain imaginable, use the key below to rate the severity of your pain.

0 = None	1 = Minimal	2 = Very Mild	3 = Mild	4 = Mild to Moderate	5 = Moderate
6 = Moderate	7 = Mildly Severe, Restricts Some Activity	8 = Severe, Limits Most Activity	9 = Very Severe	10 = Excruciating	

Sitting here today, right now, what is the intensity of your pain on a scale of 0 to 10?

___0 ___1 ___2 ___3 ___4 ___5 ___6 ___7 ___8 ___9 ___10

What is the least intense the symptom has been on a scale of 0 to 10?

___0 ___1 ___2 ___3 ___4 ___5 ___6 ___7 ___8 ___9 ___10

What is the most intense the symptom has been on a scale of 0 to 10?

___0 ___1 ___2 ___3 ___4 ___5 ___6 ___7 ___8 ___9 ___10

ASSOCIATED SIGNS & SYMPTOMS Please check those that apply ➡ ___Inflexibility ___Stiffness ___Spasms ___Cramps

If this pain radiates or travels, please identify where to: _____

QUALITY

How would you best describe the sensation of the pain/ symptom:

___Sharp ___Stabbing ___Aching ___Pins & Needles ___Pounding ___Shooting
___Burning ___Dull ___Tingling/ Numb ___Throbbing ___Crawling ___Stinging

MODIFYING FACTORS

What aggravates the pain/ symptom?

___Sneezing ___Lifting ___Exercising ___Looking up/down ___Walking
___Coughing ___Sitting ___Stooping ___Looking side/side ___Standing
___Stress ___Driving ___Getting out of bed ___Pushing ___Pulling
___Repetitive Movements ___Carrying ___Straining at BM ___Climbing stairs ___Getting in/out of car

Other: _____

What relieves this pain/ symptom?

___Resting ___Sleeping ___Lifting ___Exercising ___Looking up/down
___Shower ___Advil ___Stooping ___Looking side/side ___Mineral Ice
___Other: _____

Over the past weeks/ months this complaint is: ___Improving ___Getting worse ___About the same

Have you seen anyone for this condition? ___YES ___NO WHOM? _____

How did you hear about us? _____ Have you been to a chiropractor before? If yes, who? _____

Doctor Signature: _____

Patient Signature: _____

NAME: _____

DATE: ____/____/____

SECONDARY COMPLAINT & LOCATION

Location: _____ Sitting here today, right now, what is the intensity of your pain on a scale of 0 to 10?

____0 ____1 ____2 ____3 ____4 ____5 ____6 ____7 ____8 ____9 ____10

What is the least intense the symptom has been on a scale of 0 to 10?

____0 ____1 ____2 ____3 ____4 ____5 ____6 ____7 ____8 ____9 ____10

What is the most intense the symptom has been on a scale of 0 to 10?

____0 ____1 ____2 ____3 ____4 ____5 ____6 ____7 ____8 ____9 ____10

ASSOCIATED SIGNS & SYMPTOMS Please check those that apply ➡ ____Inflexibility ____Stiffness ____Spasms ____Cramps

IF the pain radiates or travels, please identify where to: _____

QUALITY

How would you best describe the sensation of the pain/ symptom:

____Sharp ____Stabbing ____Aching ____Pins & Needles ____Pounding ____Shooting

____Burning ____Dull ____Tingling/ Numb ____Throbbing ____Crawling ____Stinging

Over the past weeks/ months this complaint is: ____Improving ____Getting worse ____About the same

THIRD COMPLAINT & LOCATION

Location: _____ Sitting here today, right now, what is the intensity of your pain on a scale of 0 to 10?

____0 ____1 ____2 ____3 ____4 ____5 ____6 ____7 ____8 ____9 ____10

What is the least intense the symptom has been on a scale of 0 to 10?

____0 ____1 ____2 ____3 ____4 ____5 ____6 ____7 ____8 ____9 ____10

What is the most intense the symptom has been on a scale of 0 to 10?

____0 ____1 ____2 ____3 ____4 ____5 ____6 ____7 ____8 ____9 ____10

ASSOCIATED SIGNS & SYMPTOMS Please check those that apply ➡ ____Inflexibility ____Stiffness ____Spasms ____Cramps

IF the pain radiates or travels, please identify where to: _____

QUALITY

How would you best describe the sensation of the pain/ symptom:

____Sharp ____Stabbing ____Aching ____Pins & Needles ____Pounding ____Shooting

____Burning ____Dull ____Tingling/ Numb ____Throbbing ____Crawling ____Stinging

Over the past weeks/ months this complaint is: ____Improving ____Getting worse ____About the same

KEY VALUE QUESTIONS

1. What is your pain keeping you from doing that is most important in your life?

2. What do you enjoy doing most in your life?

NOTES / COMMENTS:

Doctor Signature: _____

Patient Signature: _____

NAME: _____

DATE: ____/____/____

Please place a checkmark by the condition that applies to you: P = Present • N = Not Present • PP = If it has ever been present in the past

P	N	PP		P	N	PP		P	N	PP		P	N	PP	
			Fatigue				Irritability				Joint Stiffness				Seizures
			Fever				Depression				Spinal Curvature				Dizziness
			Chills				Memory Loss				Back Pain				Tremors
			Night Sweats				Headache				Hot Joints				Loss of Sensation
			Fainting				Muscle Pain				Joint Swelling				Loss of Coordination
			Nervousness				Muscle Weakness				Stiff Neck				Paralysis
			Concentration Loss				Muscle Cramps				Lumps / Masses				

P = Present • N = Not Present • PP = If it has ever been present in the past • Do the same for your family

Family History Key: F = Father • M = Mother • B = Brother • S = Sister • GF = GrandFather • GM = GrandMother

Family History

P	N	PP	Past Problem	When and Explanation of Condition (use back if needed)	F	M	B	S	GF	GM
			Cancer							
			Stroke							
			Thyroid Problems							
			Asthma							
			Heart Attack							
			HIV							
			Angina/ Chest Pain							
			Diabetes							
			Arthritis							
			Other							

List any allergies: _____

Do you have a pacemaker? ____ YES ____ NO	Are you Pregnant? ____ YES ____ NO
	Do you think you may be pregnant? ____ YES ____ NO

FOR DOCTOR'S USE ONLY- PATIENT PLEASE PROCEED TO PAGE 4

REVIEW OF SYSTEMS
SYSTEM REVIEWED

- | | | | |
|---------------------------|------------------|--------------------------------------|-------------|
| Allergic /
Immunologic | Integumentary | Eyes | Psychiatric |
| Constitutional | Neurological | All Other system
reviews negative | |
| Endocrine | Respiratory | Hematological /
Lymphatic | |
| Gastrointestinal | Cardiovascular | Musculoskeletal | |
| Genitourinary | Ears/Nose/ Mouth | | |

Notes / Comments: _____

Doctor Signature: _____

Patient Signature: _____

NAME: _____

DATE: ____/____/____

PLEASE LIST PAST SURGERIES:

1. _____ Year _____ 2. _____ Year _____
 3. _____ Year _____ 4. _____ Year _____
 5. _____ Year _____ 6. _____ Year _____

List any other key slips, falls or accidents you've had from childhood to present:	DATE	Have you taken:	YES	NO	YEAR
1)		Insulin			
2)		Cortisone			
3)		Thyroid Medicine			
4)		Male/ Female Hormones			
5)		Blood Pressure			
What medications are you currently taking? (Include Date)		Tranquilizers/ Sedatives			
1)	4)	Birth Control			
2)	5)				
3)	6)				
Known allergies to medications:					
Hospitalizations:					

Marital Status: ___ Married ___ Divorced ___ Single ___ Separated ___ Widowed

Number of Children: ___ Children's Name(s): _____

Frequency of Exercise: ___ Never ___ Rarely ___ Occasionally ___ Moderately ___ Regularly

Intensity of Exercise: ___ Low Level ___ Medium Level ___ High Level ___ Competition Level

Sufficient Rest: ___ Never ___ Rarely ___ Occasionally ___ Moderately

Hours of Sleep: ___ 6 ___ 8 ___ 10 ___ More than 10

Well Balanced diet: ___ Never ___ Rarely ___ Occasionally ___ Moderately

Do you Smoke? ___ NO ___ Occasionally ___ 1 to 2 ___ 2 to 3 ___ 4 to 5 ___ More than 5packs/day

Do you drink caffeinated beverages? ___ NO ___ Occasionally ___ 1 to 2 ___ 2 to 3 ___ 4 to 5 ___ More than 5packs/day

Do you drink alcoholic beverages? ___ NO ___ Occasionally ___ 1 to 2 ___ 2 to 3 ___ 4 to 5 ___ More than 5packs/day

Have you ever used street drugs? ___ YES ___ NO

Hobbies: _____

Patient history was obtained from: ___ Patient (Self) ___ Father ___ Mother ___ Son ___ Daughter

Notes / Comments: _____

Doctor Signature: _____

Patient Signature: _____